



Cornell University  
College of Human Ecology  
Cornell Cooperative Extension

# Regimen 5

## Sample Drug Regimen with Plan Options

Medication	Dosage	Quantity	Indication
Aricept	5 mg	30	dementia
CITALOPRAM	20 mg	30	depression
ENALAPRIL	10 mg	30	hypertension
Fosamax	70 mg	4	osteoporosis
LEVOTHYROXINE	100 mcg	30	low thyroid function
Nexium	40 mg	30	gastritis
NIFEDIPINE ER	90 mg	30	hypertension

Medicare Part D Insurance plan options for someone taking this medication regimen might include the following:

	Plan with Lowest Annual Cost	Least Expensive Plan with Coverage in the Donut Hole	Least Expensive Plan without a Deductible
<b>Plan Name</b>	Aetna Medicare Rx Costco Plus Plan (PDP)	CVS Caremark Complete (PDP)	Aetna Medicare Rx Costco Plus Plan (PDP)
<b>Monthly Premium</b>	\$42.00	\$76.70	\$42.00
<b>Deductible</b>	\$0.00	\$0.00	\$0.00
<b>Total Annual Cost of Drug Plan</b>	<b>\$4,105.00</b>	<b>\$4,420</b>	<b>\$4,105.00</b>

- Annual Retail Cost of Medication **without** Plan Coverage: \$7,373.28 ▪
- Enrolling in a Prescription Drug Plan with the Lowest Annual Cost can **save** the enrollee: \$3,268.28 ▪



[www.CURxED.human.cornell.edu/](http://www.CURxED.human.cornell.edu/)

email: [CURxED@cornell.edu](mailto:CURxED@cornell.edu)

Information obtained from the Center for Medicare and Medicaid Services website in October 2008 from <http://www.cms.hhs.gov/>. Retail prices obtained from [drugstore.com](http://drugstore.com) in October 2009. The indications listed and the medications used to treat those indications are hypothetical samples and are for demonstration purposes only. While the medications listed are commonly prescribed to people with the listed indications, this is not a recommendation of therapy. Please consult your doctor for the treatment that best suits your needs. Cornell University offers equal program and employment opportunity.