



Cornell University
College of Human Ecology
Cornell Cooperative Extension

Regimen 30

Sample Drug Regimen with Plan Options

Medication	Dosage	Quantity	Indication
Avapro	300 mg	30	hypertension
Fosamax	70 mg	4	osteoporosis
Humira 40mg/0.8ml	2 each	1	arthritis
METHOTREXATE	2.5 mg	12	arthritis
Plavix	75 mg	30	antithrombotic agent
PRAVASTATIN	40 mg	30	high cholesterol

Medicare Part D Insurance plan options for someone taking this medication regimen might include the following:

	Plan with Lowest Annual Cost	Least Expensive Plan with Coverage in the Donut Hole	Least Expensive Plan without a Deductible
Plan Name	GHI Medicare Prescription Drug Plan (PDP)	HIP Enhanced Part D New York (PDP)	AARP MedicareRx Preferred (PDP)
Monthly Premium	\$27.60	\$68.60	\$37.40
Deductible	\$310.00	\$0.00	\$0.00
Total Annual Cost of Drug Plan	\$5,795.00	\$6,284	\$5,905.00

- Annual Retail Cost of Medication **without** Plan Coverage: \$22,704.00 ▪
- Enrolling in a Prescription Drug Plan with the Lowest Annual Cost can **save** the enrollee: \$16,909.00 ▪

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Information obtained from the Center for Medicare and Medicaid Services website in October 2008 from <http://www.cms.hhs.gov/>. Retail prices obtained from drugstore.com in October 2009. The indications listed and the medications used to treat those indications are hypothetical samples and are for demonstration purposes only. While the medications listed are commonly prescribed to people with the listed indications, this is not a recommendation of therapy. Please consult your doctor for the treatment that best suits your needs. Cornell University offers equal program and employment opportunity.